

Secondary WS#329731

Counseling Techniques

With Dr. MC Quilantan-Diaz
& Dr. CJ Quilantan



In this workshop, participants will explore effective counseling techniques tailored to middle/high school students. They will learn practical strategies for addressing emotional, social, and behavioral challenges, while gaining tools to create a supportive, responsive environment that promotes student well-being and resilience.

WORKSHOP OUTCOMES



Counseling Essentials

Learn core strategies to structure impactful counseling sessions with middle/high school students.



Counseling Techniques

Discover effective counseling techniques grounded in three key, school-friendly frameworks.



Effective Interventions

Build self-regulation, emotional skills, and social growth in middle/high school students.

Date: Wednesday, March 26, 2025

Time: 8:30 am - 3:30 pm

Place: Edinburg Region One Hidalgo Room

Audience: Secondary Counselors, LPC's, & School-based mental health professionals or Administrators

REGISTER TODAY!

For more information contact:

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